

**UNIVERSITAS ESA UNGGUL
FAKULTAS ILMU-ILMU KESEHATAN
PROGRAM STUDI ILMU KEPERAWATAN
Skripsi, Februari 2014**

DWI SIWI MURNI HASTUTI
2012-33-154

**PENGARUH PEMBERIAN PERAWATAN METODA KANGURU (PMK)
TERHADAP PENINGKATAN SUHU TUBUH PADA BBLR YANG DIRAWAT
DI RUANG PERINATOLOGI RS EKA DI BSD.**

iii + 7 Bab + 94 Halaman + 8 Tabel + 3 Gambar + 2 Skema + 5 Lampiran

ABSTRAK

Latar belakang : Metoda kanguru didefinisikan sebagai kontak kulit antara ibu dan bayi secara sering dan eksklusif (Indrayani & Djami, 2013).

Data dari petugas Perinatologi RS Eka di BSD, bahwa PMK telah dilaksanakan sejak tahun 2010 dan 100% telah dilakukan kepada semua BBLR yang dirawat dan berhasil diterima oleh semua orang tua BBLR yang dirawat di Perinatologi RS Eka di BSD, namun demikian secara administratif belum dilakukan evaluasi dan dokumentasi terhadap keberhasilannya.

Tujuan : Penelitian ini bertujuan untuk mengetahui pengaruh pemberian PMK terhadap peningkatan suhu tubuh pada BBLR yang dirawat di ruang Perinatologi RS Eka di BSD.

Metoda Penelitian : Sampel yang digunakan adalah BBLR dan ibunya yang melaksanakan PMK, di Perinatologi RS Eka di BSD, sebanyak 19 BBLR dengan pendekatan secara *cross sectional*, dan metoda *quasi eksperimen* tanpa kelompok kontrol, dengan *repeated measure* (pengukuran berulang).

Hasil Penelitian : Sebagian besar pelaksanaan PMK dilakukan oleh ibu bayi, belum melibatkan ayah bayi dan pelaksanaannya telah sesuai dengan prosedur. Berdasarkan hasil uji statistik *paired t-test*, pelaksanaan PMK yang sesuai ketentuan, dengan rerata 1,11 dengan p value 0,000 berarti pada alpha 5% atau 0,05 sebagai tingkat kemaknaan/signifikan, dapat disimpulkan bahwa $p < 0,05$, artinya : Ada pengaruh pemberian PMK terhadap peningkatan suhu tubuh BBLR yang telah diberikan PMK.

Kesimpulan : Disarankan perawat mampu memberikan motivasi kepada ibu/ayah bayi BBLR untuk melakukan PMK dan perlunya pelatihan PMK bagi perawat, optimalisasi media video, penyediaan ruangan PMK dan penerapan PMK bagi BBLR, sehingga stabilitas suhu tubuh bayi dapat terjaga.

Kata Kunci : PMK, BBLR, Suhu Tubuh
Daftar Pustaka : 27 (2000-2013)

ESA UNGGUL UNIVERSITY
FACULTY OF HEALTH SCIENCES
Nursing Science Program
Thesis , February 2014

DWI SIWI MURNI HASTUTI
2012-33-154

EFFECT OF TREATMENT KANGAROO MOTHER CARE (KMC) BODY TEMPERATURE ON THE IMPROVEMENT OF THE TREATED IN THE LBW (LOW BIRTH WEIGHT)PERINATOLOGY EKA HOSPITAL BSD .

iv + 7 Chapters + 94 Pages + 8 Tables + 3 Pictures + 2 Scheme + 5 Attachments

ABSTRACT

Background : the kangaroo method is defined as skin contact between mother and baby are frequent and exclusive (Indrayani & Djami , 2013) .

Data from the clerk at Eka Hospital BSD Perinatology , that KMC has been carried out since 2010 and 100 % have done to all who cared for LBW and successfully received by all parents are treated in Perinatology LBW Eka Hospital in BSD , however, have not been evaluated administratively and documentation of success .

Objective : This study aimed to determine the effect of KMC to the increase in body temperature at LBW are treated in Perinatology at Eka Hospital BSD .
Research Methods : The sample used was LBW and mother carry KMC , in Perinatology at Eka Hospital BSD , as many as 19 LBW with cross sectional approach , and quasi-experimental methods with no control group , with repeated measure (repeated measurements) .

Results: Most of the implementation of the KMC made by the baby's mother , the baby 's father is not involved and its implementation in accordance with the procedure. Based on the test results of paired t - test statistic , the corresponding provisions of the implementation of the KMC , with a mean of 1.11 with a p value of 0.000 means the alpha 5 % or 0.05 as the significance level / significant , it can be concluded that $p < 0.05$, means : there is the effect of KMC to the increase in body temperature that has been given LBW KMC .

Conclusion : It is suggested the nurse is able to motivate the mother / father of LBW infants to perform PMK PMK and the need for nurse training , optimization of video media , provision and application of PMK PMK room for LBW , so the baby's body temperature stability can be maintained .

Keywords : PMK , Low Birth Weight , Body Temperature

Bibliography : 27 (2000-2013)